

# **MENU**

December 18-23, 2017

## **Monday**

Breakfast: Pears, Bagel, and Milk

Lunch: Beef Taco w/ Cheese, Salad, Fruit Cocktail, and Milk

**Afternoon Snack:** Mandarin Oranges, and Pretzels

Dinner: BBQ Chicken Sandwich, Potato Salad, Grapes, and Milk

Snack: Bean Dip and Tortilla

## <u>Tuesday</u>

**Breakfast:** Raisin Bread, Apples, and Milk

Lunch: Spaghetti w/ Beef Sauce, Corn, Watermelon, and Milk

**Afternoon Snack:** Trail Mix, and Water

Dinner: Bean and Cheese Tostada, Salad, Pears, and Milk

**Snack:** Goldfish Crackers and Apple

### **Wednesday**

**Breakfast:** Breakfast Burrito, Grapes, and Milk

**Lunch:** Grilled Cheese, Tomato Soup, Oranges and Milk

Afternoon Snack: Cheese Nips, Tropical Fruit

**Dinner:** Sloppy Joes, Tater Tots, Carrot Sticks, and Milk

**Snack:** String Cheese and Apple

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## <u>Thursday</u>

Breakfast: Strawberry, Granola & Yogurt, and Milk

Lunch: Beefaroni, Green Beans, Apple Slices, and Milk

Afternoon Snack: Homemade Blueberry Muffins and Milk

Dinner: Chicken Tacos (w/ Cheese, Lettuce, Tomato), Oranges and Milk

Snack: Peanut Butter & Jelly Sandwich and Milk

#### **Friday**

Breakfast: Strawberries, Whole Wheat Toast, and Milk

**Lunch:** Chicken & Rice, Carrots, Celery, Watermelon, and Milk

Afternoon Snack: Fruit Cocktail and Graham Crackers

**Dinner:** Beef Stroganoff, Peas, Grapes, and Milk

**Snack:** Rice Krispies, Banana, and Milk



## **Saturday**

Breakfast: Fruit Cocktail, Waffle, and Milk

Lunch: Meatball Sub, French Fries, Peaches, and Milk

Afternoon Snack: Deviled Eggs and Crackers

**Dinner:** Grilled Hot Ham & Cheese Sandwich, Carrots, and Milk

Snack: Muffins and Milk

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